|  |  |
| --- | --- |
| **Mean heart rate** | Description: Mean heart rate (beats per minute) |
| Instrument question: M16 a-c: Reading 1-3 heart rate |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Mean heart rate (beats per minute)** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | mean | 95% CI | n | mean | 95% CI | n | mean | 95% CI |
| 18-29 | 547 | 69.6 | 68.0 - 71.1 | 958 | 78.1 | 77.0 - 79.3 | 1505 | 74.9 | 73.9 - 75.9 |
| 30-44 | 596 | 71.8 | 70.2 - 73.5 | 1040 | 76.3 | 75.0 - 77.5 | 1636 | 74.6 | 73.6 - 75.6 |
| 45-59 | 273 | 69.7 | 67.4 - 72.1 | 446 | 75.1 | 72.8 - 77.4 | 719 | 73.0 | 71.2 - 74.8 |
| 45-69 | 230 | 78.0 | 76.4 - 79.6 | 423 | 77.2 | 76.2 - 78.2 | 653 | 77.5 | 76.6 - 78.5 |
| 60-69 | 114 | 68.1 | 64.7 - 71.4 | 259 | 72.5 | 69.2 - 75.7 | 373 | 70.6 | 68.1 - 73.1 |
| **Total** | **1760** | **71.0** | **70.1 - 71.9** | **3126** | **76.9** | **76.2 - 77.6** | **4886** | **74.6** | **74.0 - 75.2** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 995 | 69.1 | 67.7 - 70.5 | 1795 | 75.6 | 74.6 - 76.5 | 2790 | 73.2 | 72.4 - 74.1 |
| Urban | 765 | 73.4 | 72.4 - 74.5 | 1331 | 78.9 | 78.1 - 79.8 | 2096 | 76.6 | 75.9 - 77.3 |